

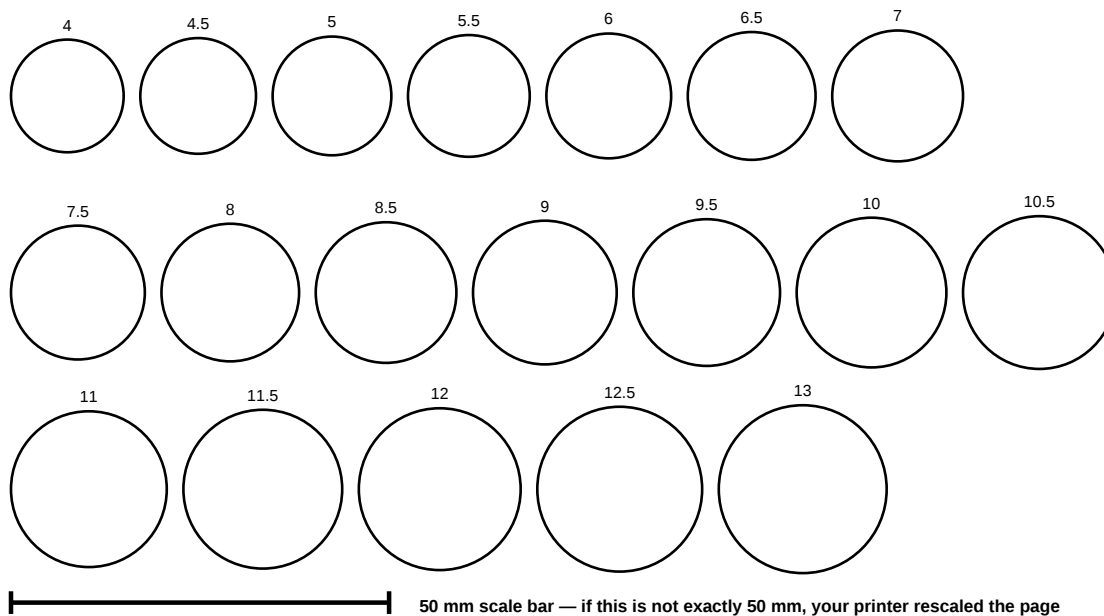
Ring Size Conversion Chart

US / Canada · UK / Australia · EU (ISO 8653) · Japan · Millimetres

US / Canada	UK / AU	EU (ISO 8653)	Japan	Inner Ø (mm)	Circum. (mm)
4	H	46.8	7	14.9	46.8
4.5	I	48.0	8	15.3	48.0
5	J	49.3	9	15.7	49.3
5.5	K	50.6	10	16.1	50.6
6	L	51.9	11	16.5	51.9
6.5	M	53.1	12	16.9	53.1
7	N	54.4	13	17.3	54.4
7.5	O	55.7	14	17.7	55.7
8	P	57.0	15	18.2	57.0
8.5	Q	58.3	16	18.6	58.3
9	R	59.5	17	19.0	59.5
9.5	S	60.8	18	19.4	60.8
10	T	62.1	19	19.8	62.1
10.5	U	63.4	20	20.2	63.4
11	V	64.6	21	20.6	64.6
11.5	W	65.9	22	21.0	65.9
12	X	67.2	23	21.4	67.2
12.5	Y	68.5	24	21.8	68.5
13	Z	69.7	25	22.2	69.7

Printable ring sizer

Print this page at **100% / Actual Size** (turn off “Fit to page”). Place a ring you own over the circles and match its *inner* edge. Check the 50 mm scale bar afterwards: if it is not exactly 50 mm, your printer rescaled the page and the sizes will be wrong.



How to measure a finger

String method: wrap non-stretch string around the base of the finger, mark the overlap, measure the length — that is the circumference. Do not pull tight; it must pass the knuckle.

Existing ring: measure the *inner* diameter across the widest point with callipers or a careful ruler.

Wide bands (>6 mm): size up about half a size. **Knuckle larger than base:** size for the knuckle.

Frequently asked

17.3 mm? US 7 / UK N / EU 54.4 / JP 13. **54 mm circumference?** EU 54, between US 6.5 and 7 — most take US 7.

EU = millimetres? Yes, under ISO 8653 the EU size is the inner circumference in mm. **Two charts disagree?** One quotes diameter, the other circumference — verify circumference = diameter $\times \pi$.